



## Safeguarding - Herefordshire

### Contacts, advice and support

#### Diocesan contacts:

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Safeguarding Officer  
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Out of hours safeguarding 07944 680320

#### Need to contact the police?

**Dial 999** in an emergency

**Dial 101** for non emergencies

You will be able to speak to the police force control room in your local area.

#### Concerned about the welfare of a child or young person?

Children's Well Being: **01432 260800**  
Herefordshire County Council: [www.herefordshire.gov.uk](http://www.herefordshire.gov.uk)

To report a child at risk: [www.herefordshire.gov.uk/health-and-social-care/children-and-family-care/multi-agency-safeguarding-hub](http://www.herefordshire.gov.uk/health-and-social-care/children-and-family-care/multi-agency-safeguarding-hub)

**The Emergency Duty Team (out-of-hours, weekends and public holidays): 01905 768020/768023**

#### Concerned about the welfare of a vulnerable adult?

Adult Social Care Helpdesk: **01432 260715**  
Herefordshire County Council: [www.herefordshire.gov.uk/health-and-social-care/adult-services/safeguarding-adults-contacts](http://www.herefordshire.gov.uk/health-and-social-care/adult-services/safeguarding-adults-contacts)  
Out-of-hours (emergency) contact number for referrals: **0330 123 9309** (after 5pm, weekends and public holidays)

#### Useful numbers

NSPCC (free 24/7 helpline)	0808 800 5000
Childline	0800 1111
Samaritans	08457 90 90 90 / text: 07725 909090
Youngminds	<a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a>
Mindful	<a href="http://www.mindfull.org.uk">www.mindfull.org.uk</a>
Action for Elder Abuse	0808 808 8141
Age UK	0800 1696565
National Domestic Violence 24/7 Helpline	0808 2000 247
Mind	0300 123 3393
Mencap	0808 808 1111
Churches Child Protection Advisory Service	0845 120 4550
LADO Local Authority Designated Officer	<a href="mailto:lado@herefordshire.gcsx.gov.uk">lado@herefordshire.gcsx.gov.uk</a>