PRAY YOUR DAY FOR families
Reviewing the day is something many Christians do. It provides a safe, encouraging space, for everyone to look back carefully at their day and recognise where they have experienced the life of God in others and in themselves.
GET comfy
Bring your family together for some time in prayer. Get some blankets and make a comfy space where you can relax.
Lift your hearts
What would you really like to say thank you for today?
A time? A place? A person?
What did you least enjoy about today?
And how could we think about making it better?
REACH OUT
How did you show love today?
Who did you share with?
Who did you help?
How were you kind?
GIVE.
THANKS.
Thank you God for this time to think and share together. Thank you God for helping us all to be more loving.
Want to go further?
gloucester.anglican.org/your-prayer