PRAYER

journey
Now that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem. They were talking with each other about everything that had happened. As they talked and discussed these things with each other, Jesus himself came up and walked along with them; but they were kept from recognizing him. (Luke 24: 13-16)
Jesus spent a lot of time travelling – entering into conversation with people he met and changing lives along the way.
Is it for me?
Wheels or crutches, dog lead or push chair, anyone can make a prayer journey. It might suit people who like to be active, extraverts who delight in being among people, and those who find rest in the great outdoors.
You can choose a city, a mountain or a scenic village. Just head out the door, knowing that Jesus is alongside you.
Prayer journeys don’t need anything to be written down.
You could use the time to pray about things that affect you personally. You might need some time to confide in Jesus and share what’s bothering you.
share the love...
Or you could pray for others. People and places will come into view and you can take all the thoughts and concerns that come into your heart straight to Jesus.
HEART TO HEART
We can talk with God just as we would talk with a friend or a partner, bringing all your thoughts and feelings into the relationship.
time for friends
Join with a group of people from your church and make a prayer journey around your local area.
MAP it OUT
Sometimes you could plan a route - to a new housing estate, the local hospital or schools in the area. You might travel around a trading estate, or theme your route around places which care for the elderly.
GO and MAKE disciples OF ALL nations...
Don’t be scared to share what you are doing with anyone who asks. We are here to share the good news of Jesus Christ – what better opportunity than this?
Want to go further?
gloucester.anglican.org/your-prayer