LECTIO

divina

The living word of God
An ancient way of reading the Bible not as a text to be analysed but as the living word of God. We wait to see what God wants to say to us with the words.
This might be a good way to look at the Bible in a house group, at the start of a meeting or as a family with older age children.
TRUST
What is shared within the group should not be shared further unless everyone believes that it should be.
listening
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Start with a time of quiet. Set aside busy thoughts and be ready to listen. Listen to God. Listen to one another.
Choose a passage from the Bible. Take turns to read a verse until you have read the whole passage as a group.
Open your heart
God wants to say something to each of us with this passage – listen and he will be there in the words. Sit for two or three minutes waiting. A short word or phrase will come to you.
Share the word or phrase with the group. No need to talk further, just share what has come to you.
Read the passage again and sit in silence for two or three minutes, each person reflecting on their own phrase and listening to God. Everyone share one sentence that has come to them.
DON'T OVERTHINK
Read the passage for the third time and be open to what comes into your mind.
talk together
Have a conversation about what has come out of the passage for each person. You don’t need to analyse the text, just trust in what God is saying.
Read the passage again and finish with a time of prayer.
Want to go further?

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