

## Safeguarding learning/training overview document.

This gives an overview of Diocesan safeguarding courses which are additional to the Church of England pathways.

Please do get in touch with [Becca Faal](#) and [Laura Evans](#) if you have any questions.

- ✓ Safeguarding workshops
- ✓ Safer recruitment and HR workshops
- ✓ Domestic abuse multi agency workshops
- ✓ Mental Health First Aid
- ✓ Mental Health Champion
- ✓ Mental Health Awareness

Pathway	Time	Pre course requirements	Recommended attendees	Learning aims	Notes
<b>Safeguarding workshops</b>	1.5 hours	None	Incumbents, Parish Safeguarding Officers, Church Wardens and anyone who is leading on developing a healthy safeguarding in their worshipping community.	<p>Update on a specific area of safeguarding</p> <p>Updates on safeguarding in the Diocese, Gloucestershire and Nationally</p> <p>An opportunity to share good practice</p> <p>A space to talk about any questions regarding case work and training.</p>	
<b>Safer recruitment and HR workshops</b> (Online or face to face)	2 hours	The Safer Recruitment E learning module.	Incumbents, Parish Safeguarding Officers, Church Wardens and anyone who is leading on safer recruitment in their worshipping community.	<p>The legal HR side of things (the holy trinity of the employment relationship)</p> <p>Safer Recruitment tips and techniques in interviews, job descriptions and person specs</p>	

				<p>The nature of induction and probation and reviews/feedback</p> <p>Taking time to get things right</p> <p>Data protection, files and record retention</p> <p>The nature of safer recruitment liability for trustees</p>	
<p><b>Multi agency DOMESTIC ABUSE workshops</b></p> <p><b>(Face to Face)</b></p>	2.5 hours	The Domestic abuse E learning pathway which we are also running as a delivered session face to face.	<p>Anyone is welcome.</p> <p>They are particularly useful for Parish Safeguarding officers, leaders of activities and incumbents.</p>	<p>To learn more about the nature and statistics of domestic abuse in Gloucestershire.</p> <p>To understand the roles which different agencies have locally to prevent and respond to domestic abuse.</p> <p>To be able to interact and ask questions of the safeguarding team, police and domestic abuse support services.</p>	-
<p><b>Mental Health First Aid</b></p> <p><b>(MHFA)</b></p> <p><b>(Face to face)</b></p>	2 days	None	<p>Church officers in worshipping communities who wish to have a role as a designated mental health first aider in their worshipping community.</p>	<p>A practical skills and awareness course designed to give you:</p> <p>An in depth understanding of mental health and the factors that can affect wellbeing.</p> <p>Practical skills to spot the triggers and signs of a range of mental health issues .</p> <p>Confidence to step in, reassure and support a person in distress using the Mental Health First Aid action plan.</p> <p>Enhanced interpersonal skills such as non-judgemental listening.</p> <p>Knowledge to help someone recover by guiding them to further support, whether self-help resources, internal support such as Employee Assistant Programme , or external sources such as their GP.</p> <p>Understanding of how to keep themselves safe while performing their duties.</p>	<p>Do speak to your incumbent or line manager before booking onto this.</p>

				A quick reference card for the Mental Health First Aid action plan	
<b>Mental Health Champion</b>  (Face to face)	1 day	Anyone who has a leadership role in a worshipping community.		An awareness and skills course which will teach you to:  Recognise the main signs and symptoms of common mental health issues.  Provide initial support.  Guide a person towards appropriate professional help.  Be mindful of your own wellbeing.  Develop an understanding of how you can create and maintain a healthier workforce or community	Do speak to your incumbent or line manager before booking onto this.  -
<b>Mental Health Awareness</b>  (Face to face)	½ day	Anyone who wishes to learn more about mental health in order to support their worshipping community.		An introductory course designed to increase mental health awareness and give an understanding of how to look after wellbeing and challenge stigma	Do speak to your incumbent or line manager before booking onto this.